






**ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR ELEMENTARY SCHOOLS
OCTOBER 2017**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Dipping Chicken Nuggets Chilled Fruit Broccoli Crown Florets Creamy Mashed Potatoes Hot Breadstick	3 Hot Dog Chilled Fruit Hot French Fries Bayou Baked Beans Jello	4 National Taco Day Beef Tacos OR Chicken w/Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	5 Italian Meat Sauce w/Pasta Chilled Fruit Seasoned Green Beans Garden Green Salad Fresh Baked Breadstick Moist Yellow Cake w/ Icing	6 PARISH FAIR HOLIDAY
9	10	11	12	13 PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS)
NATIONAL SCHOOL LUNCH WEEK - Recipes for Success				
Delicious Chicken Tenders Chilled Fruit Garden Green Salad Fresh Cauliflower Bites Snappy Celery Sticks Creamy Mac-N-Cheese Fresh Baked Roll	Loaded Potato Bar w/Chili -n-fixings Chilled Fruit Garden Green Salad Salsa Fresh Baked Breadstick	Fried Catfish OR Baked Fish Square Chilled Fruit jello Bayou Baked Beans Creamy Mashed Potatoes Fresh Baked Breadstick	NATIONAL GUMBO DAY Chicken Gumbo w/Rice Chilled Fruit Fresh Carrots Fresh Cucumbers School Made Roll Fudgy Brownie	
16 Dipping Chicken Nuggets Chilled Fruit Delicious Fruit Crisp Fresh Crisp Carrots Steamed Broccoli Rice n gravy Hot breadstick	17 NATIONAL PASTA DAY Breezy Beefy Mac or Yogurt/ Cheese stick Cranraisins Green Peas and Fresh Crisp Carrots Hot Garlic breadstick Fudgy Brownie	18 Finger Lick'n Fried Chicken Chilled Fruit Fresh Crisp Carrots Louisiana Style Red Beans Fluffy Rice Flaky Biscuit	19 Mini Cheese Ravioli w/Mariana Garden Green Salad Seasoned Green Beans Fresh Baked Breadstick Cupcakes	20 Homestyle Hamburger OR Cheeseburger Chilled Fruit Bayou Baked Beans Crisp Green Lettuce Hot French Fries Chocolate Chip Cookie
23 Delicious Chicken Tenders Chilled Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Breadstick	24 Beef or Chicken Tacos w/Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	25 Red Beans w/Sausage or Yogurt n cheese stick Frozen Fruit cup Fresh Crisp Carrots Fresh Baked Breadstick Fluffy Rice	26  Hot Pepperoni Pizza OR Cheese Pizza Chilled Fruit Tasty Marinara Sauce Whole Kernel Corn Chewy Oatmeal Cookie	27 Superstar Sloppy Joe Sandwich Fresh Broccoli Bites Hot French Fries Fresh Baked Roll Rice Krispie Treat 
30 Dipping Chicken Nuggets Chilled Fruit Broccoli Crown Florets Creamy Mashed Potatoes with gravy Hot breadstick	 Halloween Hot Dog Chilled Fruit Hot French Fries Bayou Baked Beans Jello		LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.25	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk OPTIONAL ENTRÉE: upon request Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.